Request for Applications (RFA)

Office of the State Superintendent of Education (OSSE) Division of Wellness and Nutrition Services (WNS)

DC Physical Activity for Youth (DC PAY)

Announcement Date: February 20, 2012

RFA Release Date: March 5, 2012

Pre-Application Question Period ends: March 26, 2012

Application Submission Deadline: April 16, 2012

LATE OR INCOMPLETE APPLICATIONS WILL NOT BE FORWARDED TO THE REVIEW PANEL.

Checklist for Applications

Application for the DC Physical Activity for Youth (DC PAY)

The application is printed on 8½" by 11" paper, printed on one side, double-spaced (including bulleted items), using 12-point type with a minimum of 1" margins, and does not exceed six (6) pages of narrative plus attachments. All pages must be numbered.
The applicant has submitted the required five (5) sets of the application; submit one (1) original and four (4) full copies with all attachments of the completed application signed by the school Principal.
The applicant has answered all components of the RFA and included all documentation listed under the "Required Attachments to Application" section of the RFA.

Contact Information

DC PAY Sponsor Panel Erin Watts, Health Education Specialist Office of the State Superintendent of Education Wellness and Nutrition Services Department 810 1st Street, N.E., 4th Floor Washington, DC 20002 202-481-3755

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Section I: General Information

Introduction

The Office of the State Superintendent of Education (OSSE), Division of Wellness and Nutrition Services is soliciting applications to implement the DC Physical Activity Program (DC PAY). The purpose of this program is to increase the capacity of DC schools to provide physical activity to all students before, during, or after the school day.

Background

Washington DC's public and public charter school system is comprised of 120 public schools (approximately 46,000 students) and 98 public charter schools (approximately 32,000 students). The Healthy Schools Act (HSA), 2010 (D.C. Law 18-209) requires OSSE to make grants available to support physical activity through a competitive process to public schools and public charter schools. The HSA aims to eradicate the epidemic of childhood obesity affecting the District of Columbia – children aged 10 to 17 years in D.C. had higher rates of overweight and obesity than the United States average; a combined 35.3% of 10 to 17 year olds are overweight or obese in D.C. as compared to 31.7% nationwide. The majority of youth in this demographic are obese (20.1%), demonstrating a significant need for obesity prevention in the District. According to the 2010 Youth Risk Behavior Survey, fewer than half (41.6%) of D.C. middle school students were physically active for 60 minutes per day for 5 of the previous 7 days. As physical activity can be effective in combating this epidemic, the HSA includes specific requirements for the amount and type of physical education (PE) and physical activity (PA) that students should receive. In an effort to meet and exceed the requirements that students receive the appropriate amount of and quality of PE and PA, schools need strong curriculum, training and support. The DC PAY seeks to increase the capacity of DC schools to provide physical activity to all students before, during, or after the school day.

The National Association for Sport and Physical Education (NASPE) defines physical activity as "bodily movement of any type and may include recreational, fitness and sport activities such as jumping rope, playing soccer, lifting weights, as well as daily activities such as walking to the store, taking the stairs or raking the leaves.³

Intended Population

The DC PAY makes grants available through a competitive process to Washington DC public schools and public charter schools participating in the Healthy Schools Act (2010).

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¹ U.S. Department of Health and Human Services, Health Resources and Services Administration, Maternal and Child Health Bureau. The National Survey of Children's Health 2007. Rockville, Maryland: U.S. Department of Health and Human Services, 2009.

² Singh, G.K. Kogan, M.D. van Dyck, P.C. Changes in State-Specific Childhood Obesity and Overweight Prevalence in the United States From 2003 to 2007. *Arch Pediatr Adolesc Med.* 2010;164(7).

³ "Is it Physical Education or Physical Activity?" The National Association for Sport and Physical Education. http://www.aahperd.org/naspe/publications/teachingTools/PAvsPE.cfm. Accessed 06 February 2012.

Section II: Award Information

Award Period

The grant period will begin on June 1, 2012 and end on May 31, 2013.

Available Funding for Award

The total funding available for this award period is \$200,000. Eligible schools may apply for an award amount up to \$10,000. At least twenty (20) awards will be distributed. Thirty percent (30%) of each grant will be awarded as start-up expenses and subsequent mid-point and end of year payments will follow in compliance with OSSE grant policies and procedures. See Section III: Eligibility Information for more details.

Funding Restrictions

Funds may be used to support activities described in the program requirements of this RFA and/or included in the applicant's submission as part of their program plan. Funding may be used to cover the costs of personnel, student group transportation, materials, training and to support the promotion of school-based physical activity programs. Funding may not be used for travel expenses for personnel.

Pre-Application Question Period

To ensure an equal opportunity for all applications, the OSSE requests that all applicants submit questions regarding the RFA electronically to erin.watts@dc.gov by March 26, 2012 at 5 p.m. Questions submitted after this deadline date will not receive responses. Please label the subject line as "Physical Activity for Youth RFA". Answers to submitted questions will be made available through email by April 2, 2012 at 5 p.m.

Applicants interested in learning more or those who would like to ask questions about the RFA are encouraged to participate in an information session via conference call. Please call (712) 775-7200 and Entering Access Code 504477#. Information sessions will take place on the following dates:

- March 14, 2012 at 9:00am
- March 20, 2012 at 3:00pm

Contact Person

Erin Watts, Health Education Specialist
Office of the State Superintendent of Education
Division of Wellness and Nutrition Services
810 1st Street, N.E., 4th Floor
Washington, DC 20002
Ph: 202-481-3755

Fax: 202-481-3755 Fax: 202-724-7656 erin.watts@dc.gov

Section III: Eligibility Information

Eligibility

The OSSE will accept applications from Washington DC public schools and public charter schools participating in the Healthy Schools Act (2010). To be eligible, schools must have completed their 2012 Healthy Schools Act School Health Profile.

Cost Sharing or Matching

Applicants must contribute cost sharing funds equal to or greater than twenty percent (20%) of grant amount. Volunteer time may be used to satisfy this requirement. A detailed line item breakdown of cost sharing contributions should be identified in the budget. Applicants applying for less than \$5,000 are not required to cost share. All applicants are required to contribute resources to the accomplishment of project objectives and are encouraged to cost share in order to maximize programmatic impact by limiting indirect cost to ten percent (10%) of total funds awarded.

Audits

At any time or times before final payment and three (3) years thereafter, the District and/or the Federal Government, may audit the applicant's expenditure statements and source documentation.

The applicant cannot at any time prior to the application process nor during the awarding period be in violation of any previous grant obligations from the District of Columbia government or a United States federal agency.

Section IV: Submission Information

The Request for Applications (RFA) will be released on March 5, 2012 and the deadline for submission is **April 16, 2012 at 5 pm (Eastern Time).** All applications will be recorded upon receipt. The RFA will be available on the OSSE's website, www.osse.dc.gov, and/or by contacting Erin Watts at erin.watts@dc.gov.

Submission Requirements

All applicants are required to submit one (1) original and four (4) full copies with all attachments of the completed application signed by the Authorized Official. The completed application must be single-sided, double-spaced, formatted to 8 ½" x 11" pages with 1" or larger margins on top, bottom, and both sides, and a font size of not less than 12 point. All pages must be numbered. Application will not be considered for funding if the application fails to submit the required number of copies. Emailed or faxed application will not be accepted.

Mail or hand-deliver the application to:
Office of the State Superintendent of Education
Division of Wellness and Nutrition Services
Attn: Erin Watts
Health Education Specialist
810 First Street NE, 4th Floor
Washington, DC 20002

Applications that are mailed or delivered by Messenger/Courier services must be sent in sufficient time to be received by the 5:00 p.m. deadline, on April 16, 2012 at the above location. Applications are due no later than 5:00 p.m. on April 16, 2012. All applications will be recorded upon receipt. <u>Late submissions will not be accepted.</u>

Section V: Program Requirements, Application Forms, and Content

General Program Requirements

The purpose of this program is to increase the capacity of DC schools to provide physical activity to all students before, during, or after the school day.

The expected outcomes of the DC PAY are:

Grantees will facilitate student, staff, parent, guardian and community input to create
physical activity programs and meaningful physical activity experiences for students
Grantees will increase the average amount of physical activity for students at their
school.

Grantees will be required to complete the following activities under the DC PAY.

- Grantees must establish a Wellness Advisory Board that convenes at least four times per year consisting of parents, teachers, students, administrators and staff, who:
 - Support a Physical Activity Coordinator in the day-to-day operations of the physical activity program(s).
 - Review and track student participation in physical activity programs by implementing a rigorous method for tracking.
- Grantees must establish a Physical Activity Coordinator position. This person may hold an existing position within the school or may be a person outside the school staff. This person will oversee day-to-day operations of the physical activity program and also:
 - Participates in Wellness Advisory Board meetings.
 - Teaches or facilitates physical activity-based lessons.
 - Participates in quarterly OSSE-sponsored grantee training/networking events.
 - Organizes at least two (2) community-building events such as a family fitness night or play days during the school year.
 - This person may or may not be new to the school's staff.
- o Grantees must provide mid-year and end of the year reports and occasional informal oral reports on progress.

Application Forms

All applicants are required to complete and submit each application form listed below:

Cover Page (Attachment A)
Administrative Approval Form (Attachment B)

Letter from School Administrator

All applicants must attach a transmittal letter signed by the school administrator that includes the Request for Application number and Physical Activity for Youth as the priority area to which the application is responding.

Table of Contents

Provide a table of contents that includes all applicable items listed in the RFA. Table of contents must include the page numbers of all applicable items.

Format

The application is printed on 8½" by 11" paper, printed on one side, double-spaced (including bulleted items), using 12-point type with a minimum of 1" margins, and does not exceed six (6) pages of narrative plus attachments. All pages must be numbered.

Required Attachments to the Application

The following should be submitted with your application and are not counted towards the application's overall page limitation:

- Certifications signed by an Authorized Official (Attachment C)
- Assurances (Attachment D)
- Applicant Acknowledgement of Compliance with Applicable District and Federal Statutes and Regulations (Attachment E)
- Budget Narrative and Justification (Attachment F)

Budget Narrative and Justification

The budget narrative must thoroughly describe how the proposed categorical costs are derived. Please discuss the necessity and reasonableness of the proposed costs. For in-kind contributions, the source of the contribution and how the value of the contribution was determined must also be described. All applications must outline proposed costs that support all project activities in the Budget Narrative/Justification (Attachment F).

The application must include the allowable activities that will take place during the funding period and outline the estimated costs that will be used specifically in support of the program. Fees acquired as program income must be utilized towards the project goals and objectives.

Section VI: Application Review Information

Application Review and Scoring

All applications that are complete and that meet the application criteria will be reviewed and scored by a review panel. All applications for this RFA will be objectively reviewed and scored against the key criteria outlined below:

	Criteria	Scoring Weight (%)
Proje		
1.	Please briefly describe the current state of physical activity in the school, including programs offered before, during, and after school and the numbers and populations that each program reaches. This information should include physical education provided.	25
2.	Describe the vision of the school-based physical activity program. What will be created and implemented and/or expanded? Also explain how the school and its students will benefit from this project.	23
3.	This funding is for one year, how will the grantee ensure that the project is sustained and grows over five years?	
Curr	iculum Integration Plan	
1. 2.		25
~ •	Coordinator? What will this person do on a day-to-day basis?	
	ent and Community Involvement Plan	
2.	Other than taking part in physical activity, how will students be involved in the program? Please give specific examples. Please list any organizations, community members, or businesses from the community that are committed to be involved with this program. (Please attach any letters of support.)	30
Cost		
In ada budge	20	
1.	What other funding sources, if any, has this physical activity program or other physical activity programs at your school received and/or solicited for this coming year?	

Scoring and recommendations of the review panel are advisory only. The final decision to fund programs rests solely with the OSSE. After reviewing the recommendations of the review panel, information gathered during the internal review, and any other information gathered during the internal review, and any other information considered relevant, the OSSE shall decide which applicants to fund.

Review Process

The OSSE may use either internal peer reviewers, external peer reviewers or a combination of both to review the applications under this RFA. An external peer reviewer is an expert in the

field or the subject matter. Applications will be screened initially to determine whether the applicant meets all eligibility requirements. Only applications that meet all other requirements (such as timeliness and proper format) will be evaluated, scored, and rated by a peer review panel. Peer reviewers' rating and any resulting recommendations are advisory only. In addition to peer review ratings, considerations may include, but are not limited to, underserved populations, strategic priorities and past performance.

Section VII: Award Administration

Decision and Notifications of Awards

The OSSE follows the competitive bid process for all grant funds in accordance with federal and District competitive regulations. The OSSE will notify all applicants of the final award decision no later than May 16, 2012. Applicants who receive funding will receive written notices that will include the grant amount, award agreement that will outline the award terms and conditions and any supplemental information required.

Monitoring

The grant recipient will submit midterm and final reports to the OSSE to illustrate use of funds and progression towards goal attainment.

The grant recipient's effectiveness is determined based on the following data:

- The development of the physical activity program to reach the most number of students and provide the most amount of physical activity.
- Minutes from the committee meetings.
- Evidence of project goals achieved through quantitative and qualitative data.
- The effectiveness of the Physical Activity Coordinator in managing the day-to-day operations of physical activity program(s).
- The responsiveness to requests and inquiries from the OSSE.

Corrective Action and Termination of Funding

In the event that programmatic, financial, or documentation conditions of the grant are not being met in a thorough and timely fashion, progressive actions will be taken, at the discretion of the OSSE, up to and including termination of funding. A project which is prematurely terminated will be subject to the same requirements regarding audit, recordkeeping, and submission of reports as a project which runs for the duration of the project period.

Nondiscrimination in the Delivery of Services

In accordance with the Title VI of the Civil Rights Act of 1964 (Public law 88-352), and the District of Columbia Human Rights Act, D.C. Official Code § 2-1402.11, no person shall, on the grounds of race, color, religion, national origin. sex, age, marital status, personal appearance, sexual orientation, gender identity or expression, family responsibilities, genetic information, disability, matriculation, or political affiliation of any individual: be denied the benefits of, or be subjected to discrimination under, any program activity receiving DCSGP funds.

Confidentiality

Except as otherwise provided by local or federal law, no recipient of OSSE funds shall use or reveal any research or statistical information furnished under OSSE by any person, and identifiable to any specific private person, for any purpose other than the purpose for which such information was obtained in accordance with the OSSE program funded. Such information, and any copy of such information shall be immune from legal process and shall not, with the consent of the person furnishing such information, be admitted an evidence or used for any purpose in any action, suit, or judicial, legislative, or administrative proceeding.

ATTACHMENT A DC PHYSICAL ACTIVITY PROGRAM: COVER PAGE

Sponsor Name:	
Name of Project:	
Contact Person Name:	
Contact Person Title:	
Office Address:	
Phone:	
Fax:	
Cell Phone:	
Email Address:	
Total Funds Requested:	
Project Summary:	

ATTACHMENT B ADMINISTRATIVE APPROVAL FORM

Part of the success of a school-based physical activity program depends on the help and approval of a school's principal. As such, the Health Education Specialist will occasionally meet with involved teachers and their principal to foster communication and understanding about the program, its importance, and any needs that arise.

Administrative Approval - Please have your principal or administrator sign below and attach a letter with their signature indicating that they are aware of your application and support your potential involvement in the physical activity program.

Administrator Name:		
Title:		
Administrator Signature:		

ATTACHMENT C CERTIFICATIONS

GOVERNMENT OF THE DISTRICT OF COLUMBIA

Office of the Chief Financial Officer Certifications Regarding Drug-Free Workplace Requirements

Signature of this form provides for compliance with certification requirements under 28 CFR Part 69, "New Restrictions on Lobbying" and 28 CFR Part 67, "Government-wide Debarment and Suspension (Non-procurement) and Government-wide Requirements for Drug-Free Workplace (Grants)." The certifications shall be treated as a material representation of fact.

DRUG-FREE WORKPLACE (GRANTEES OTHER THAN INDIVIDUALS)

As required by the Drug Free Workplace Act of 1988, and implemented at 28 CFR Part 67, Subpart F. for grantees, as defined at 28 CFR Part 67 Sections 67.615 and 67.620— The applicant certifies that it will or will continue to provide a drug-free workplace by:

- (1) Publishing a statement notifying employees that the unlawful manufacture, distribution, dispensing, possession, or use of a controlled substance is prohibited in the applicant's workplace and specifying the actions that will be taken against employees for violation of such prohibition;
- (2) Establishing an on-going drug-free awareness program to inform employees about—
 - (a) The dangers of drug abuse in the workplace;
 - (b) The applicant's policy of maintaining a drug-free workplace;
 - (c) Any available drug counseling, rehabilitation, and employee assistance programs; and
 - (d) The penalties that may be imposed upon employees for drug abuse violations occurring in the workplace;
- (3) Making it a requirement that each employee to be engaged in the performance of the grant be given a copy of the statement required by paragraph (1);
- (4) Notifying the employee in the statement required by paragraph (a) that, as a condition of employment under the grant, the employee will—
 - (a) Abide by the terms of the statement; and
 - (b) Notify the employer in writing of his or her conviction for a violation of a criminal drug statute occurring in the workplace no later than five calendar days after such conviction;
- (5) Notifying the agency, in writing, within 10 calendar days after receiving notice under subparagraph (d)(2) from an employee or otherwise receiving actual notice of such conviction. Employers of convicted employees must provide notice, including position title to: Office of the Senior Deputy Director for Health Promotion, 825 North Capitol St., NW, Room 3115, Washington, DC 20002. Notice shall include the identification number(s) of each effected grant;
- (6) Taking one of the following actions, within 30 calendar days of receiving notice under subparagraph (d)(2), with respect to any employee who is so convicted—

- (a) Taking appropriate personnel action against such an employee, up to and incising termination, consistent with the requirements of the Rehabilitation Act of 1973, as amended; or
- (b) Requiring such employee to participate satisfactorily in a drug abuse assistance or rehabilitation program approved for such purposes by a Federal, State, or local health, law enforcement, or other appropriate agency;
- (7) Making a good faith effort to continue to maintain a drug-free workplace through implementation of paragraphs (a), (1), (c), (d), (e), and (f).

The applicant may insert in the space provided below the sites for the performance of work done in connection with the specific grant: Place of Performance (Street address, city, county, state, zip code)

As the duly authorized representative of the applications, I hereby certify that the applicant will

Grantee Name

Grantee Address

Project Name

Grantee IRS/Vendor Number

Typed Name and Title of Authorized Representative

Signature

Date

ATTACHMENT D ASSURANCES

This document must be signed by the duly authorized officer of the applicant organization or school, the truth of which is sworn or attested to by the applicant, and signed in the presence of a notary public.

Name:	
Title:	
Name of Organization/School:	
Address of Organization/School:	
Telephone Number of Organization/School:	
Email Address of Named Person Above:	

We hereby attest the following:

- 1. We are able to maintain adequate files and records and can and will meet all grant reporting requirements;
- 2. Our fiscal records are kept in accordance with Generally Accepted Accounting Principles (GAAP) and account for all funds, tangible assets, revenue, and expenditures whatsoever; that all fiscal records are accurate, complete and current at all times; and we give the sponsoring agency through any authorized representative, the right to audit and inspect all records, books, papers, or documents related to the grant;
- 3. We are current on payment on all federal and District taxes, including Unemployment Insurance taxes and Workers' Compensating premiums. (Except for public or charter schools, this statement of certification shall be accompanied by a Certificate of Good standing from the District of Columbia Office of Tax & Revenue (OTR) stating that the entity has complied with the filing requirements of District of Columbia tax laws and has paid taxed due to the District of Columbia, or is in compliance with any payment agreement with OTR);
- 4. We have demonstrated administrative and financial capability to provide and manage the proposed services and ensure an adequate administrative performance and audit trail;
- 5. If required by the grant making Agency, we are able to secure a matching amount not less than the total amount of the funds awarded, against losses of money and other property caused by fraudulent or dishonest acts committed by any employee, board member, officer, partner, shareholder, or trainee;

- 6. We are not proposed for debarment or presently debarred, suspended, or declared ineligible, as required by Executive Order 12549, "Debarment and Suspension,' and implemented by 2 CFR 180, for prospective participants in primary covered transactions and are not proposed for debarment of presently debarred as a result of any actions by the District of Columbia Contract Appeals Board, the Office of Contracting and Procurement, or any other District contract regulating Agency;
- 7. We have the financial resources and technical expertise necessary for the production, construction, equipment and facilities adequate to perform the grant or sub grant, or the ability to obtain them;
- 8. We will insure that the facilities under our school or organization's ownership, lease or supervision, which shall be utilized in the accomplishment of the project are compliant with all District statutes, codes, and regulations;
- 9. If required by *The Healthy School Act of 2010* (HAS) (D.C. Law 18-209), our school or organization is in compliance of all of the requirements of this act;
- 10. We know and understand that awarded funds shall be used to support garden-based education and activities which may include covering the costs of personnel, transportation, materials, and training. The funds may not be used to support travel. The funds may not be transferred outside of, or within the organization or school, for any unrelated purpose; and
- 11. We will establish safeguards to prohibit employees from using their positions for a purpose that is or gives the appearance of being motivated by a desire for private gain for themselves or others, particularly with whom they have family, business, or other ties.

Authorized Representative Signature and Tit	
 Date	

ATTACHMENT E APPLICANT ACKNOWLEDGEMENT OF COMPLIANCE WITH APPLICABLE DISTRICT AND FEDERAL STATUTES AND REGULATIONS

The applicant shall comply with all applicable District and Federal Statutes and Regulations not limited to those below:

- 1. The Americans with Disabilities Act of 1990, Pub. L. 101-336, July 26, 1990, 104 Stat. 327 (42 U.S.C. 12101 et seq.)
- 2. Rehabilitation Act of 1973, Pub. L. 93-112, Sept. 26, 1973, 87 Stat. 355 (29 U.S. C. 701 et seq.)
- 3. The Hatch Act, Chap. 314, 24 Stat. 440 (7 U.S.C. 361a et seq.)
- 4. The Fair Labor Standards Act, Chap 676, 52 Stat, 1060 (29 U.S.C. 201 et seq.)
- 5. The Clean Air Act (Sub grants over 41000,000) pub. L. 108-201, February 24, 2004, (42 U.S.C. Chap 85et seq.)
- 6. The Hobbs Act (Anti-Corruption), Chap 537, 60 St. 420 (see 18 U.S.C. § 1951)
- 7. Equal Pay Act of 1963, Pub. L. 88-38, June 10, 1963, 77 Stat. 56 (29 U.S.C. 201)
- 8. Age Discrimination Act of 1975, Pub. L. 94-135, Nov. 28, 1975, 89 Stat. 728 (42 U.S.C. 6101 et seq.)
- 9. Age Discrimination in Employment Act, Pub. L. 90-202, Dec. 15, 1967, 81 Stat. 602 (29 U.S.C. 621 et seq.)
- 10. Military Selective Service Act of 1973
- 11. Title IX of the Education Amendments of 1972, Pub. L. 92-318, June 23, 1972, 86 Stat. 235, (20 U.S.C. 1001)
- 12. Immigration Reform and Control Act of 1986, Pub. L. 99-603, Nov 6, 1986, 100 Stat. 3359, (8 U.S.C. 1101)
- 13. Executive Order 12459 (Debarment, Suspension and Exclusion)
- 14. Medical Leave Act of 1993, Pub. L. 103-3, Feb. 5, 1993, 107 Stat. 6 (5 U.S.C. 6381 et seq.)

- 15. Drug Free Workplace Act of 1988, Pub. L. 100-690, 102 Stat. 4304 (41 U.S.C. 701 et seq.)
- 16. Assurance of Nondiscrimination and Equal Opportunity as found in 29 CFR 34.20
- 17. District of Columbia Human Rights Act of 1977, D.C. Official Code § 2-1401.01
- 18. Title VI of the Civil Rights Act of 1964
- 19. District of Columbia Language Access Act of 2004, DC Law 15 -414, (D.C. Official Code § 2-1931 et seq.)
- 20. Lobbying Disclosure Act of 1995, Pub. L. 104-65, Dec 19, 1995, 109 Stat. 693, (31 U.S.C. 1352)
- 21. Individuals With Disabilities Education Act of 2004 (IDEA), 20 USC 1400 et seq.

As the duly authorized representative of the applicant, I hereby assure that the applicant shall comply with the above laws.

Authorized Representative Signature and Title	
 Date	

ATTACHMENT F PROJECT BUDGET DC PHYSICAL ACTIVITY PROGRAM

A.	Personnel	\$
B.	Fringe Benefits	\$
C.	Transportation	\$
D.	Consultants/Providers	\$
E.	Supplies	\$
F.	Equipment	\$
G.	Training	\$
Н.	Indirect Costs (limited to 10%)	\$
I.	PROJECT TOTAL	\$

ATTACH BUDGET NARRATIVE (See page 8-9 above.)